Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 19 May 2023 until 23:59 on Saturday 20 May 2023

Forecast Issued on Friday 19 May 2023 at 02:44 by Met Office Aberdeen

Confidence: Quite settled conditions with high pressure building from the south however trailing fronts from Icelandic lows continue to cross the country bringing periods of mainly light rain and low cloud. Lower confidence in cloud amounts and periods of rainfall.

Headline for Friday 19 May 2023: Sunny spells, mainly dry and light winds, cloudier later.

Mountain weather hazards on Friday 19 May 2023

Blizzards Low Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Light rain
Precipitation probability					
10%	10%	10%	10%	20%	30%

Forecast for Friday 19 May 2023

Weather: Overnight mist for some ranges will soon lift and clear this morning, then mainly dry with bright or sunny spells throughout the day. Feeling quite warm in the sunshine at times. Cloud will thicken from the west later this afternoon, rain expected for far western ranges by late evening.

Chance of cloud-free hill tops above 800m: 80%, early low cloud may affect western ranges soon lifting this morning, reforming later this evening.

Low cloud and visibility: In the west around Torridon and Assynt there will be broken or scattered low cloud above 500m this morning, this will lift and clear with all summits expected to be clear for much of the afternoon. Visibility will be very good but perhaps turning hazy later in the west as high cloud forms. Lower cloud will affect western ranges again by mid evening with summits shrouded down to 600m.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Friday 19 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	19/23 W	14/19 W	13/18 W	13/18 SW	12/17 SW	12/16 SW	14/19 S
900	18/22 W	14/18 W	13/18 W	14/19 SW	14/19 SW	12/16 SW	14/19 S
600	13/17 SW	12/16 W	12/17 W	12/17 SW	11/16 SW	10/15 SW	11/16 S
300	3/16 W	5/16 W	6/16 W	8/17 SW	7/15 SW	5/13 SW	4/15 S
Glen	3/7 W	8/13 W	11/17 W	10/16 W	7/12 SW	4/8 SW	4/10 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	2/-3	3/-2	5/1	6/2	5/1	5/2	6/2
900	3/-2	4/-0	6/2	6/3	6/2	6/2	6/2
600	6/2	6/3	8/5	9/6	8/5	8/5	8/5
300	8/8	10/9	12/10	13/11	11/10	10/9	9/8
Glen	10/10	12/11	14/12	14/12	13/12	11/11	11/11
Freezing Level*	1400m	1400m	1600m	1900m	2100m	2300m	2700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Still quite chilly at height early in the morning with a chill effect in the strong westerly winds and misty conditions.

Forecast for Saturday 20 May 2023
Weather: Cloudy overnight with some patchy light rain, perhaps turning heavier for a brief spell, light rain lingering in coastal areas like Skye and Torridon, some brighter spells inland towards Glen Affric and Ben Wyvis.

Maximum wind: Southwesterly 15-25 mph.

Chance of cloud-free hill tops above 800m: 50%, scattered or broken low cloud at the west in association with light rain.

Low cloud and visibility: Scattered or broken low cloud layers likely around more western coastal hills, perhaps Further inland, towards the Great Glen and Caithness and the hills will see less low cloud. Skye and the Western Isles may struggle to see any brighter conditions with low cloud down to 300m at times. Visibility will be similar, dipping moderate or poor in light rain and drizzle, possibly very poor for the Cuillin and Torridon with the best visibility for inland areas.

Temperature: **Glens:** Plus 8 rising to 14 Celsius.
At 800m: Plus 4 rising to 8 Celsius.
Freezing level: Above all summits.

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